**St. Therese of Lisieux Health Ministry Educational/Events (2025)**

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| **Date/Time** | **Topic** | **Speaker(s)** | **Additional Information/Misc.** |
| January 2, 202512:30pm-1:30pm | Wellness Strategies as We Age | Nicolette KowalMSN RN CNP ACNS-BC, FNP-BC | To include inflammation, hormone balance, fatigue/low energy, chf |
| January 21 through March 18, 2025, 1:00pm-2:30pmTuesdays | Grief Support Series #1 | St. Therese Health Ministry Facilitators | 9 week series |
| January 21 through March 18, 2025 1:00-3:00pmWednesdays | Balance Workshop | Ageways organization | 8- week courseLimit to 18 people |
| January 23, 202512:30pm-5:00pm | Versiti Blood Drive |  | Goal: 15 units |
| February 6, 202512:00pm-1:00pm | Signs, Symptoms and Treatment of Strokes | Dan Morganroth MSN,ACNP-BCAscension St. John |  |
| March 6, 202512:00pm-1:30pm | “Remember This!”Strategies for seniors staying sharp | Marcia RelyeaCare of SEM | Mrelyea@careofsem.com |
| March 12, 2025 12:00pm-6:00pm | Red Cross Blood Drive |  |  |
| April 3 202512:00pm-:;00pm | NO SPEAKER PLANNED AFTER RAMBLING ROSE MEETING |  | CARD PARTY AFTER MEETING |
| April 22 through June 17, 2025 1pm-2:30pm | Grief Support Series #2 | St. Therese of Lisieux Health Ministry Facilitators | 9 week series |
| May 1, 202512:00pm-1:00pm | Kidney Disease | Victoria Laurenzi-JumpGreenfield Health ServicesKidney Disease Educator | 248-723-2052 |
| May 15, 202512:30pm-5:00pm | Versiti Blood Drive |  | Goal 15 units |
| June 5,202512:00pm-1:00pm | Caring for Caregivers | Jeannine RoachAgeways | 248-262-9978 |
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| July 3, 202512:30pm-1:30pm | NO SPEAKER. RAMBLING ROSE MEETING CANCELLED |  | 4TH of July Holiday |
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| August 7, 202512:00pm-1:30pm | Crime Prevention for SeniorsFraud Victimization | Macomb ProsecutorPeter Lucido |  |
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| September 4, 202412:30pm-1:30pm | Veteran’s and Spousal Benefits | Michael Moceri Planning Co |  |
| September 17, 202512:00pm-6:00pm | Red Cross Blood Drive |  |  |
| September 23 through November 18, 20251:00pm-2:30pm | Grief Support Series #3 | St. Therese of Lisieux Health Ministry Facilitators | 9 Week series |
| October 2, 2025 | No SPEAKER PLANNED AFTER RAMBLING ROSE MEETING |  | HALLOWEEN PARTY |
| October 23, 202512:30pm-5:00pm | Versiti Blood Drive |  | 15 units goal |
|  |  |  |  |
| November 6, 202512:00pm-1:00pm | TBD |  |  |
| November 23, 20251:00pm-3:00pm | Hope for the Holidays | Heidi Boccomino SW | ???? |
| December 4, 2025 | NO SPEAKER PLANNED AFTE RAMBLINB ROSE MEETING |  | Rambling Roses Christmas Party |

* Do not schedule speakers for April, October and December 2024 after Rambling Roses.

Revised: 12/31/2024