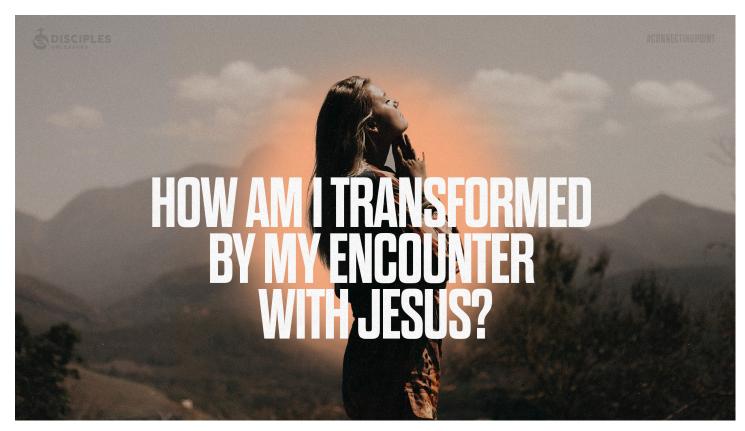


THE BULLETIN

August 6, 2023
THE TRANSFIGURATION OF THE LORD



MUSINGS + MESSAGES

⚠ Msgr. John Kasza, Moderator 🆪 frjohn@stol.church

Today's responsorial psalm says, "The Lord is king, the Most High over all the earth." Do we believe this? Or does something else take precedence in our hearts?

The disciples were lucky to see Jesus in the flesh, and Peter, James, and John had the blessing of experiencing the transfigured Messiah on Mount Tabor, so they certainly could put Christ first in their lives. But even they had trouble at times.

We who have not had the benefit of seeing the Lord face-to-face perhaps have a difficult time making room for Jesus in our hearts. We find it easier to put someone who is flesh and blood at the centers of our thoughts. We may even spend more time with an inanimate object, such as our mobile phone or car, than we do with God. So, how do we allow ourselves to be transformed by

continued on page 5

Connecting Point

👱 Msgr. John Kasza, Moderator 🖪 frjohn@stol.church

How am I transformed by my encounter with Jesus?

One of my seminary professors began her lecture with this statement and its two questions: "You are Eucharist: Who eats you and whom do you eat?" The purpose of her questions was for us to expand our notions of the Eucharist. She wanted to impress upon us that Jesus is real, alive, and active in our lives. The Eucharist is not merely something to look at, or even taste. Rather, the Eucharistic presence of Jesus involves all of our senses and all of our beings.

When we encounter the sacramental presence of Jesus, we are transformed. Perhaps not immediately, but at some point in our lives, Jesus touches us and we are changed. St. John Chrysostom had a saying, which went something like this: "If you cannot see the real presence of Jesus in the person on the street, how can you see the real presence in the chalice?"

The challenge for us is to see Jesus all around us and to allow him to transform us into the people he wants us to be. The Eucharist we consume at Mass should reshape us into the person who is like Christ. In other words, we become Eucharist for others-in that we should become

the embodiment of Jesus, so when we interact with others, whether in our speech or in our actions, other people encounter Christ himself.

When I eat the Eucharist, what happens to me? Do I allow the sacramental encounter of Jesus to make me a better person? Am I challenged to see Christ in others because I have consumed him in the Eucharist?

As you celebrate the Eucharist and participate in Mass, what happens to you? Do you find yourself taking a different outlook on life? Do you see people in a new light? Does the Mass really make a difference? If the answer to any of these questions is "no," you may need to reevaluate what you expect to get out of Mass. If the answer to these questions is "yes," how are you living out your encounter with Christ on a daily basis?

St. John Chrysostom challenges us to make the Eucharist a living, active part of our lives, and not simply something we consume once a week. The Eucharist that we receive at weekend Mass should be carried with us throughout the entire weekin both our thoughts and actions.



In our encounters with others, the Eucharist should be an ever-present reminder to see Christ in oneself and in others, in order that the world may be transformed.



MCREST AUG 20-27

MCREST is a transitional shelter which provides homeless and displaced individuals the opportunity for successful transition to independence. MCREST started out as a one-day "camp" for the homeless in 1988. With the success of that endeavor, it grew into overnight shelters with 12 churches participating. MCREST has since grown from those 12 churches into over 70 churches who participate.

St. Isidore will be hosting on Sunday, August 20 - Sunday, August 27. We are asking the parishioners of St. Therese of Lisieux to consider volunteering during the week and/or consider donating some of the needed items below. We've made signing up easy by going to our website: stisidore church/morest The items needed for the men staying with us are listed below. Please place donations in the bin located in the Gathering Space.

- Tube socks
- Underwear
- T-Shirts
- Toothpaste (travel-size)
- Toothbrushes
- Razors
- Non-alcoholic mouthwash
- Shaving cream
- Small bar soap
- Shampoo/conditioner
- Body wash
- Nail clippers
- Deodorant

Thank you for your continued generosity to support MCREST.

CALENDAR

AUGUST 6 - 13

8 AM MASS 9:45 AM **MASS** 11:45 AM **MASS** 1 PM **BAPTISM**

Z O W

9:30 AM **STRETCH & STRENGTH**

2 PM **ROSARY**

6 PM SUMMER CAMP DAY

8:30 AM **MASS**

11:30 AM FOP LEADERSHIP

1 PM CIRCLE OF FRIENDS

AUGUST 6, 2023

8:30 AM **MASS**

9:30 AM STRETCH & STRENGTH

5:30 PM CHOIR REH

6:30 PM CATECHISM IN A YEAR DISCUSSION

8:30 AM **MASS**

9 AM **EUCHARISTIC ADORATION**

9:30 AM CATECHISM IN A YEAR DISCUSSION

3 PM CONFESSIONS

6:30 PM MS SUPPORT GROUP

FR

8:30 AM **MASS** 9:30 AM STRETCH AND STRENGTH

4:30 PM **MASS**

8 AM MASS 9:45 AM **MASS** 11:45 AM **MASS**

Musings + Messages (cont'd)

our encounters with the Lord?

This feast encourages us to put God first in our thoughts and minds. It challenges us to think beyond this present world and ask the question "what if?" What would happen if I put God first in my life? What would my life be like if I focused on the afterlife instead of the present? What could I become if I followed my dreams instead of doing what

people told me I needed to do?

How will I be transformed this week by my encounter with God?

Circle of Friends



Circle of Friends delivered senior bibs next door to Brickford Senior Center and tote bags to the Wilson Cancer Resource Center at Beaumont Hospital, Troy. Previously, we donated 20 blankets and 18 pillowcases to Sr. Mary Andrew.

We are working on wheelchair blankets for our

local senior centers and veterans.

We gather most first and third Tuesdays of the month if you would like to join us. Call Adrianne at 586.323.0543 if you have any questions or donations.



► A Monastery Tale

Over the next few weeks, we will be looking at excerpts from Matthew Kelly's recent book, *Holy Moments: a Handbook for the Rest of Your Life*.

He sets the tone of the book through a tale of a monastery where a oncethriving and joyful place fell into bitterness and competition. The abbot sought advice from a hermit, who gave him one sentence: "The Messiah is among you." When the abbot returned to his monastery, he found things had worsened in his absence and he repeated the hermit's advice to the monks. As

they began to understand this, they treated each other with kindness and respect. Gradually, the monastery was, again, flourishing, and visitors came back to experience

the peace and joy that was there before.

The key to this story is to treat every person you ever meet like they are the second coming of Jesus in



disguise. In the coming weeks we'll look closer at what that means.

EVENTS



MON | AUG 7 | 6 - 8 PM

SUMMER FAMILY NIGHT

Bring your family and join us for a fun night with lawn games, activities, inflatables, a scavenger hunt, petting zoo, and so much more. Once you're done having fun, head over to Monsignor John's house for a backyard BBQ and some adult beverages; lemonade and water will also be available. This event is open to the entire community; you do not have to be a parishioner. So, invite your family and friends! More info and registration: disciplesunleashed. org/summer-night



NOW THROUGH AUGUST 11

BACK TO SCHOOL DRIVE

Please help us support the kids in Pontiac and surrounding communities through Catholic Charities' *La Casa Amiga* program with new backpacks and school supplies. We are accepting donations until August 11 and are looking for: backpacks, #2 pencils, colored

pencils, crayons. washable markers, glue sticks, scissors (blunt tip), pocket folders, and spiral notebooks. Please return donations to the brown container in the Gathering Space. Contact John Karski at (586) 254-4433 x302 or johnk@stol.church with questions.



TUES | AUGUST 15 | MASSES AT 8:30 AM OR 7 PM

ASSUMPTION OF THE BLESSED VIRGIN MARY

The Assumption - is a Holy Day of obligation - on which we celebrate Mary's assumption into heaven as the sign that all has been accomplished

through the work of Christ. "Mary is taken up to heaven; a chorus of angels exults."



TUES | AUG 22 | 9:30 AM

MEMORY CARE SUPPORT GROUP

Brookdale Senior Living is offering a Memory Care Support Group for family members who are caring for a loved one suffering from dementia. This group is open to the public and free. For additional information or to register, contact Deanna Sinishtaj at (586) 839-2257.



FRI | AUG 25 | 6:30 PM | ST. ISIDORE

HEALING SERVICE WITH FR. PATRICK GONYEAU

Join us for this healing service with Fr. Patrick Gonyeau as we come together to offer prayers of healing and hope for all those in need. Through collective intention and faith, we aim to bring comfort to those facing physical, emotional, or spiritual challenges. Let us unite in compassion and support, believing in the power of healing and the strength of our shared prayers.



BEFORE AND AFTER ALL MASSES UNTIL TICKETS RUN OUT

K OF C RAFFLE TICKET SALES

The Knights of Columbus, Sacred Heart Assembly #2599, is the Fourth-Degree arm of the K of C. To raise money for the assembly's patriotic endeavors, Fourth-Degree members of St. Therese will be selling tickets beginning August 5/6 after Masses and continuing

each weekend until all are sold. The lottery is based on the 3-Digit Daily Lottery during the month of October (except Sundays). The tickets cost \$10, and winners can win \$25, \$100, or \$200. The number drawn on Oct 9, Columbus Day, will earn the first-place prize of \$300.



SUN | BEGINNING SEP 10 | 1 PM

THE SEARCH FOR YOUNG ADULTS

Are you ready for *The Search*? This seven-week course will be offered on Sunday afternoons, beginning Sept 10, at 1 PM. Registration is available by visiting stol.church. Registration is \$20 and

includes: workbook, appetizers, and refreshments. For additional info, contact Chris Piebiak, Director of Family Ministry, at chrisp@stol. church.

Walking the Path

Discipleship Formation | ♣ Peggy Casing, D.F. Director **4** peggyc@stol.church

BULLETIN EDITORS BEWARE!

I have wanted to write this article for a long while. It is regarding an issue that gives me fits on an almostdaily basis! I can imagine that there are others that would be happy to join my club! The issue is regarding the capitalization of "religious" words. Whether it is regarding the capitalization of the pronouns used for any persons of the Trinity, the word "bible," or the names of sacraments, among other things, you will find a great deal of disparity between publications, and I don't expect it to end anytime soon!

Let's start by talking about the sacraments and giving an example. In the Catechism of the Catholic Church, sections #1423 and 1424, you'll read about the names used for the sacrament most commonly called "Reconciliation" or confession: "It is called the sacrament of conversion... it is called the sacrament of Penance... it is called the sacrament of confession... it is called the sacrament of forgiveness... it is called the sacrament of Reconciliation..." Do you notice the discrepancy? One of our "Catechism in a Year" participants did and asked why "Penance" and "Reconciliation" were capitalized, and the other "names" were not. To answer, I relied on my rule of thumb: "When they are using a word to refer to

a sacrament, itself, it is almost always capitalized. I say 'almost always' because it differs based on source/publisher. 'Penance' and 'Reconciliation' are being used as the (official) name for the sacrament." I had to qualify my answer because, while the Catechism capitalized those words, read this from the Archdiocese of Milwaukee: "Catholics and Orthodox recognize seven sacraments. The word sacrament is lowercase. Capitalize only Eucharist, lowercase all other sacraments: baptism, confirmation, penance (or reconciliation), matrimony, holy orders, the sacrament of anointing of the sick (formerly extreme unction)." The Archdiocese of St. Louis says, "Lowercase (is used) unless used in the Sacrament of Penance for the formal name of the sacrament," but the Archdiocese of Boston has posted, "The sacrament of penance is one of two sacraments of healing." Do you see the chaotic craziness surrounding this topic?

Pronouns for God, the Father,
Jesus, and the Holy Spirit follow a
similar up-and-down! Many folks
use an uppercase "H" for "He" and
"Him," simply because they want to
indicate reverence for the Persons
of the Trinity. I fully understand
that. The debate rears its ugly head,
though, when you consider the
fact that almost always, bibles use
the lowercase letter. For example,

Genesis 1:27 says, "God created mankind in his image; in the image of God he created them; male and female* he created them." In reference to Jesus, we read, "As he continued his journey to Jerusalem..." (Luke 17:11). Further, The Roman Missal, the book that a priest uses to celebrate Mass, also uses the lowercase "H." Honestly, I understand the desire to be reverent, but if The Holy Bible and The Roman Missal, two of our most important, and holy, books in the Church don't capitalize the "h," why should we?

Honest to goodness... I could find a million more sources that contradict each other. When we get on the topic of pronouns for God, Jesus, and the Holy Spirit, it is really bad! Don't even get me started on the word "bible!"

Can you tell that you hit on a tender spot for me?! It has driven me nuts for almost my entire ministry, if not my entire life! I've been meaning to write an article on it for a long time, as well. In short, there don't seem to be any hard-and-fast rules, even though editors seem to think there are - even when those "rules" differ from editor to editor.

The Health Benefits of Positivity

Health Ministry | ♣ Marilyn Cito, Parish Nurse **4** marilync@stol.church

How often have you heard having a "positive" attitude affects your health? Although the connection between health and positivity has not been proven, there definitely is a strong link between the two. Researchers suspect people who are more positive may be better protected against inflammatory damage of stress, while negative emotions can weaken the immune



response. Researchers from Johns Hopkins Hospital have found people with family history of heart disease who also had a positive outlook were one-third less likely to have a heart attack or other cardiovascular event within five to 25 years than those with a more negative outlook. Although it is thought having a positive personality is something we are most likely born with and not something we can inherently change, there are things we can do to improve our outlooks on life. Building resiliency is probably one of the most important ways not to focus on the negative things in our lives. Bad things happen to everyone and everyone copes differently. People lose loved ones,

jobs, relationships, or receive bad news about their health. Being resilient is the ability to adapt to stressful situations and remain positive to maintain our health. Some ways experts recommend trying to stay positive in bad situations is to maintain good relationships with family and friends, accept that change is part of life, and take action on problems, instead of hoping they disappear or resolve themselves. Positive thinking is key in stress management and is associated with many health benefits. Positive thinking often starts with self-talk, which is the endless stream of unspoken thoughts that run through your head. These automatic thoughts can be positive or negative. Some self-talk comes from logic and reason, while other self-talk arises from misconceptions you create because of lack of information or expectations. Positive thinking doesn't mean you ignore life's lesspleasant situations, it just means that you approach unpleasantness in a more positive and productive way. Think the best is going to happen, not the worst.

Some common forms of negative self-talk include magnifying the negative aspects of a situation and filtering out all of the positive ones, automatically blaming yourself or someone else when something bad happens, making a big deal out of minor problems, automatically thinking the worst (without facts) that the worse will happen, seeing things only as good or bad, and expecting everything has to be perfect.

If you tend to think negatively, there

is hope for you! You can learn to turn negative thinking into positive thinking, but it takes time and practice to develop this new habit. Check yourself periodically during the day and stop and evaluate what you are thinking. If it is negative, stop that thought (imagine a stop sign!) and think of something pleasant. If you think negatively about certain things in your life, whether it be your job or a relationship, focus on one area to approach it in a more positive way. Smile. Be open to humor. Try and find ways to laugh, and you will feel less stressed. Live a healthier lifestyle. Exercise at least 30 minutes a day, eat healthy foods, get enough sleep, find ways to reduce stress, like yoga, meditation, and prayer. Surround yourself with positive people and practice positive self-talk. Be gentle to yourself, rid yourself of negative thoughts, and practice gratitude for the things you are thankful for in your life. If you tend to have a negative outlook, don't expect to become an optimist overnight. As your state of mind becomes more optimistic, you will handle everyday stress in a more constructive way and your self-talk will contain less self-criticism and more self-acceptance, which will all help with the health benefits of positive thinking.

Reference:

- https://www.hopkinsmedicine.org/health/ wellness-and-prevention/the-power-of-positivethinking, Johns Hopkins Medicine, Health, The Power of Positive Thinking.
- https://www.mayoclinic.org/healthy-lifestyle/ stress-management/in-depth/positive-thinking, Positive Thinking Stop Negative Self-Talk To Reduce Stress, by Mayo Clinic Staff.





The glory of God is a human being fully alive.

St. Irenaeus of Lyon

Open to ages 14 to 17

Come discover who Jesus is, why he created you, and how you can become the best version of yourself. Come share your doubts and questions and be strengthened in your faith. The journey of faith is more meaningful in community. Be a friend, bring a friend.

Featured Events



Mercy Tree Adventure SAT, AUGUST 19

Provides an experience where the Lord speaks to His people via Sacred Scripture, adventure, and prayer! mercytreeadventures.org

Meetings

Thurs, Aug 10 // 5 - 8 PM // TreeRunner, Rochester (registration required)

- Thurs, Aug 17 // 6:30 8 PM // Mtg at STOL:
 Barbeque at the Lake (registration required)
- Sat, Aug 19 // Mercy Tree Adventure (registration required)
- Thurs, Aug 31 // 6:30 8 PM // Mtg at STOL

Questions about these events can be directed to Veronica at:

■ veronical@stol.church

stol.church/youth-ministry

To streamline communication and reduce emails and texts, we'll be using a mobile app called BAND. Use this QR Code to access our 'Summer Youth Series at STOL.'



Ministry Schedule

SAT | AUGUST 12 4:30 PM

Lector 1: Erin Lenzini

Lector 2: Volunteer Needed

Altar Servs: Leah B.

Usher Team 5: Dennis Westerlund

SUN | AUGUST 13 8:00 AM

Lector 1: Paul Wilhelm Lector 2: Marilyn Kylmala

Altar Servs: Sarah H.

Usher Team 6: Jack Simonetta

SUN | AUGUST 13 9:45 AM

Lector 1: Michelle Mistretta Lector 2: Volunteer Needed

Altar Servs: Kaitlyn S., Aaron S., Jacob S.

Usher Team 7: Art Wilson

SUN | AUGUST 13

11:45 AM

Lector 1: Volunteer Needed Lector 2: Volunteer Needed

Altar Servs: Anna N., Chika N., Chioma N.

Usher Team 8: Dean Corsi

We pray for the sick...

Asterisk denotes newly added name.

Abood, John Adhikary, Erica Adhikary, Holden Anderson, Robin* **Baby Scarlett** Bacheldor, Mary Baranski, Joyce Barfield, Cheri Beaulieu, Michael Beaulieu, Ted Beaulieu, Don Belkowski, Pat Beninati, Patricia Best, Ann Binkowski, Madeleine Boddy, Dorothy Bova, Rick

Binkowski, Madele Boddy, Dorothy Bova, Rick Brady, Jim Bufaline, Andrew Butkus, Jim Callan, Jim D. Rose Ann D. Steve Davis, Mila Denton, Eden Dilullo, Dannette Fisher, Rick Flis, Larry Fox, Doies Fuelling, Ethan Goodman, Debbie Graziani, Michael Graziani, Laura Greathouse, Diana Greathouse, Paul H. Ann

Haigh, Jim
Henig, Louise
Horn, Fr. Joe
Jachcik, Bradley
Jachcik, James
Jachcik, Nancy
Jachcik, Shirley
Jerzak, Pat
Johnson, Brenda
Kaja, Hala*
Kessler, Shirley
Kneebone, Raymond
Kremer, Paul
Kmiec, Eileen
Leo, Norman

Liberatore, Bianca*

McBride, Andrea* McGuire, Kim Mackowiak, Elaine Madaus, Mike Mahler, Bill* Maliskey, Barb Maliskey, Larry Mattei, Ronald Metti, Sam* Mooney-Hill, Marilyn Morais, Sandra Moreno, Nancy Novak, Anthony Okon, Mary Anne Oleszkowicz, Bonnie Oliver, Clare Osantowski, Rick Overholfer, Jamie* Pakledinaz, Cheryl Pasque, Evelyn* Patterson, David Pazin, Delphine Pelc, Jeff Polidori, Santino Poma, Teresa

Lieder, Lynn

R. Todd Ritter, Maryann Roselli, Nancy Sabo, Nicole Sandstrom, Patricia Schafran, Barb Shock, Payton Hope Shumaker, Natalie Silvio, Reba Snodgrass, Doris Snyder, Francis Sorel, Jason Spencer, Jeanne Sterling, Carol Sterling, George Tanghe, Diane* Tiedt, Tom VanDerhagen, Barbara VanDerhagen, Rich VanDerhagen, Rick Victor, Fr. Ron W. Patricia Walter, Albert Wigginton, Jim

and for those serving in the military

SrA Thomas Barone, Air Force
2nd Lt., Michaela Biske Army
PVT Jonathan Bulter, Marine
HM1 Christopher Burley, Navy
SGT Andrew Chapoton, Army
Michael Chmielewski, Navy
Lt. Col. John Cisco, Marines
Major Anthony D. Corsi, Army
Leonard Cox, Army
Ranger Nic Cucchiara, Army
SGT Christian Jose Curtis, Army
LCPL Matthew DeLaney, Marine
Jerry Delia, Airforce
PVT David Dimattia, Army
PVT Jacob Earehart, Army

Ensign Matthew Gordon, Navy
LT David Grzywacz, Navy
Andrew Hall, Navy
PFC Killian Hannon, Army
CPT. Megan K. Hardesty, Army
Robert Kaljved, Army
LT. COL. Chris Kean, AF
Andrew Larsen, Marines
Zoe Lowe, Army
MSGT Eric McCulley, AF
Captain James Miller, Space Force
Nick Radwick, AF
Staff Sgt. Drew Reynolds, AF
Derek Skorupski, Army

CPL. Nathan Taylor, Marine

CPT Keith Trojniak, Marines Dante Vanuck, Army SFC Cally Wood, Army SFC Olivia Wood, Army Andrew Zalewski, Navy SGT Bill Zatek

Lord, hold our troops in Your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. Give us peace. Amen

Zuzga, Bob

Mass Intentions

SAT. AUG 5 4:30 PM

- † Joe Basirico
- **†** Alfred Saam
- † Rosalia Pacella
- † Mary DeLand
- † Harry Dyer Jane Tralka
- **†** Bob Pazdzierz
- **†** Earl Mohan

SUN. AUG 6 8:00 AM

- † George & Peggy Ciolli James Urban (Bday) Adrianna Urban (Bday)
- **†** Steven Sutton
- † Connie Ragatzki
- * Kay Ellen Preston

SUN. AUG 6 9:45 AM

- + Agostino & Nelina Tripicchio
- † Pamela Heinz
- **†** Bob Pazdzierz
- † Christine Bielat
- † Steve Rafferty Nevaeh Yaro Magdalene Yaro
- † Rocco Sbrocca

SUN. AUG 6 11:45 AM

- † Martin Gjolaj
- † Mary Jo Marchione
- † Antonino DiMecurio Sr. Mary Andrew (Anniv)
- † Raymond Van Hoet (10th Anniv)
- † David Paul Tamulevich
- **†** Carl Snyder

TUES. AUG 8 8:30 AM

Vocations to the Priesthood & Religious Life

- † Deacon Jerome Campernel (1st Anniv)
- **†** Judy Brusate
- † Donald MacLean (Bday)

WED. AUG 9 8:30 AM

† Franciszek Guzik Luigi & Lori Franzese (Anniv)

THURS. AUG 10 8:30 AM

- † Lilla Crudo
- † Albert Ruske

FRI. AUG 11 8:30 AM

Gabriella & Greg Stegner (Bday)

- **†** Bob Pazdzierz
- **†** Bruce Peuterbaugh (28th Anniv)
- † Janice Peuterbaugh (8th Anniv)

SAT. AUG 12 4:30 PM

- † John Schoeberle (9th Anniv)
- † Joe Basirico
- Alfred Saam
- **†** Jeffrey Menig (Bday)
- † Joseph & Nina Salomone
- † Richard Bonkowski (Bday)
- † Rosalia Pacella
- † Mary DeLand

SUN. AUG 13 8:00 AM

- † Pamela Heinz
- **†** Anthony Mancini Shine Abraham
- **†** Deceased Members of the Lenzini Families
- † Deceased Members of the Trudeau Families
- **†** Sylvain Hoang Gia (7th Anniv)
- **†** Germaine Lacey

SUN. AUG 13 9:45 AM

- † Frank Recchia
- † Alice Fuller

 Steve & Eileen Haigato
- **†** Bob (Paz) Pazdzierz
- † Rosario & Nicolina Curcuru Jola Cardello Jillian Haio

SUN. AUG 13 11:45 AM

- † John & Pauline Poma
- **†** Leonardo Vonella
- **†** Gerald Dolsen
- † Josefina Sia † Lina Campo
- **†** Suzi Gjelaj
- † Drita Gjelaj
- **†** Steve Rafferty

Readings

SUNDAY

Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9; 2 Pt 1:16-19;

Mt 17:1-9

MONDAY Nm 11:4b-15:

Mt 14:13-21

Ps 81:12-13, 14-15, 16-17;

TUESDAY

Nm 12:1-13; Ps 51:3-7, 12-13; Mt 14:22-36 or Mt 15:1-2, 10-14

WEDNESDAY

Nm 13:1-2, 25-14:1, 26a-29a, 34-35; Ps 106:6-7ab, 13-14, 21-23; Mt 15:21-28

THURSDAY

2 Cor 9:6-10; Ps 112:1-2, 5-6, 7-8, 9; Jn 12:24-26

FRIDAY

Dt 4:32-40; Ps 77:12-13, 14-15, 16 & 21; Mt 16:24-28

SATURDAY

Dt 6:4-13; Ps 18:2-3a, 3bc-4, 47 & 51; Mt 17:14-20

SUNDAY

1 Kgs 19:9a, 11-13a; Ps 85:9, 10, 11-12, 13-14; Rom 9:1-5; Mt 14:22-33

Get In Touch

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✓ maintenance@stol.church

Office Hours

Monday - Thursday 9:00 AM - 4:00 PM

Friday Closed

Saturday 3:00 PM - 6:00 PM

Sunday 9:00 AM - 1:00 PM

Lunch 12 - 1 PM (Mon-Thurs)

Bulletin Question?

Please direct all inquiries to Matt: bulletin@stol.church

Content is due ten days in advance and must be submitted online at stol.church/bulletin